**Walking Log**

Are you walking with a team? Come up with a team name and pool your miles to reach your goal. When you've completed your “walk” come to the table at Coffee Hour and receive your prize.

Can you do all four walks?

<table>
<thead>
<tr>
<th>Date</th>
<th>Distance</th>
<th>Where</th>
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Take Flat Jesus with you, take photos of your adventures, and send them to publications@firstpresbyterian.org! Posting your pics on Facebook or Instagram? Tag First Pres by adding @FirstPresA2 #FlatJesus.

**Learn...**

Why is this called the Trail of Tears?

Why were the Cherokee forced to leave their homes?

Where did they go?

How long did it take for them to get there?

Who was the President of the United States at this time?

**... and Ponder**

What would it feel like to suddenly have to leave your home without taking anything with you?

Have you or someone you know moved to a brand new place?

What was hard about that?

Why was the relocation wrong?

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A photo taken in 1903 of Elizabeth "Betsy" Brown Stephens, age 82, a Cherokee who walked the Trail of Tears.

In the summer of 1838, U.S. troops arrested approx. 1,000 Cherokees, marched them to Fort Hembree in North Carolina, then on to deportation camps in Tennessee.

2200 Miles

He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Micah 6:8
**1838-1839 Trail of Tears**

As part of Andrew Jackson's Indian removal policy, the Cherokee nation was forced to migrate from their ancestral homelands east of the Mississippi River to an area now in Oklahoma designated as Indian territory. The migrants faced hunger, disease, and exhaustion on the forced march. Over 4,000 out of 15,000 of the Cherokees died. In the Cherokee language, the relocation is called nu na ul tsun yi ("the place where they cried") or nu na hi du na tlo hi lu i (the trail where they cried).

Junaluska, a Cherokee credited with saving Andrew Jackson’s life during the War of 1812, was forced to march the Trail of Tears.

Learn more about the 1838-1839 Trail of Tears:
- [http://www.history.com/topics/native-american-history/trail-of-tears](http://www.history.com/topics/native-american-history/trail-of-tears)
- [http://www.nps.gov/trte/planyourvisit/maps.htm](http://www.nps.gov/trte/planyourvisit/maps.htm)

*These links can also be found at www.firstpresbyterian.org*